

# Pre Vocational Skills for Teens

Get more information at [adayinourshoes.com/pre-vocational-skills/](http://adayinourshoes.com/pre-vocational-skills/) or [iep-transition/](http://iep-transition/)



- ☐ Time Management
- ☐ Following Directions
- ☐ Personal Responsibility
- ☐ Communication Skills
- ☐ Problem-Solving
- ☐ Task Initiation
- ☐ Perseverance
- ☐ Money Management
- ☐ Safety Awareness
- ☐ Social Skills
- ☐ Self-Advocacy
- ☐ Personal Hygiene and Grooming
- ☐ Basic Cooking Skills
- ☐ Cleaning and Organization
- ☐ Transportation Skills
- ☐ Job Readiness
- ☐ Workplace Etiquette
- ☐ Stress Management
- ☐ Technology Use
- ☐ Decision-Making
- ☐ Goal Setting
- ☐ Emotional Regulation
- ☐ Listening Skills
- ☐ Attention to Detail
- ☐ Adaptability